

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
SEPTEMBER, 2013**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Everyone is welcome to participate in this fun easy going class held in the Craft Room. Betty Hoffman is the coordinator and she will assist you with all the craft projects. Class begins at **10:00 a.m. Tuesday** mornings. The studio fee is \$3.00 per session. Project supplies are at cost.



September 3rd - Cards & Envelopes
September 10th - Floral Wreaths & Bows
September 17th - Decals on Assorted China
September 24th - Decoupage Vases

- **SINGING SENIORS:** The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. They will be singing at **St Charles Health Campus in Jasper at 10:00 a.m. on Friday, September 20th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, September 3rd & 17th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B	I	N	G	O
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS:** will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, September 3rd, & 17th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

RAINBOW MESSENGER

CARD TOURNEYS



- **Thursday, September 5th**
Cinch Tourney
- **Thursday, September 12th**
Sheephead Tourney
- **Thursday, September 19th**
Rum Tourney
- **Thursday, September 26th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, September 9th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner will receive a cash prize. **Reservations are due by 3:00 p.m. Friday, September 6th.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesdays, September 4th & 18th and Friday, September 27th.** It is a fun game that is easy to learn. Everyone is welcome to join in the fun! We play a quarter a game with the low score winning the game. Please let us know by 10 a.m. if you are coming in to play.

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played **at 12:30 p.m. on Friday, September 6th Monday, September 16th & Wednesday, September 25th.** Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

- **TRIPOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Friday September 13th, & Mondays September 23rd & 30th.** We have a lot of fun!

Please call in by 10 a.m. game day if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays, September 10th & 24th.** Please sign-up by 10 a.m. game day if you plan to attend.

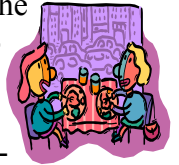
- **PHASE-10:** Will be played **Wednesday September 11th & Friday September 20th at 12:30 p.m.** It is a fun easy card game. Please call in by 10:00 a.m. the day of the game if you would like to give it a try.

SPECIAL ACTIVITIES

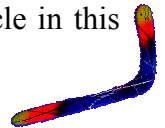
- **BOOK CLUB:** Will meet **Thursday, September 12th at 12:30 pm.** The group will be discussing, **"The last Word", a Spellman novel by Lisa Lutz.** October we will read "The Monuments Men" by Robert Edsel. The setting is Europe from 1943 to 1951. Adolf Hiler is trying to take over the western world while his armies are methodically seeking and hoarding the finest art treasures in Europe. Behind enemy lines, often unarmed, a special force of American & British museum directors, curators and art historians called the Monuments Men, risked their lives to prevent the destruction of thousands of years of culture.



- **LUNCH BUNCH:** **Wednesday, September 18th at 11 a.m.** we will be going to **Bainbridge Restaurant,** which recently opened in the **Ramada Jasper & Conference Center.** You can select from: sandwiches, buffet or the menu. Lunch Bunch is always "dutch treat". Meet us there for a delicious lunch and visit with friends. **Please make your reservations by 12 p.m. Wednesday, September 11th.**



- **BOOMERAMA:** **NONE** scheduled in September. Please attend the Healthy State of Mind Conference to be held September, 10th at Shiloh Church Family Life Center. See article in this newsletter.



- **CATERED MEAL:** This month we will have a cook-out/carry-in on **Tuesday, September 24th.** Mike Oeding, Park Department Assistant Director, will be grilling hamburgers for us. The Center will provide table service, drinks, buns and all the fixings for the burgers. We are asking you to bring a covered dish/dessert. If your last name begins with A-P please bring a salad or vegetable and Q-Z a dessert. **Cost of the meal will be \$3.00. Reservations are due by 3 p.m.. Tuesday, September 17th.**

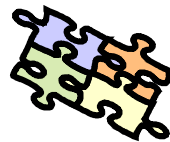


RAINBOW MESSENGER
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- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **CHESS:** Does anyone like to play chess? We have a gentleman who would like to find others to play and he is willing to teach if interested. Please call the Center at 482-4455 and leave your name and number. We hope to get some games set-up soon.



- **MAH JONGG:** Is played on **Wednesdays at 1 p.m. and Fridays at 8:30 a.m.** New players are always welcome.

- **BRIDGE LESSONS:** Will be offered **Monday mornings from 9-11 a.m. & Wednesday evenings from 6:30 - 8 p.m.** For more information or to sign-up, call Cindy Klumper at 482-3299.

NOTICE
Trips are leaving from the
Jasper Armory.

SEPTEMBER TRIP

Derby Dinner Playhouse

Friday, September 13th we will be going to the matinee performance of, **Southern Crossroads**. The bus will leave the Jasper Armory at 9:30 a.m. and pickup passengers in Huntingburg at 9:45 a.m.



OCTOBER TRIP

Tropicana Casino in Evansville

A trip is planned for **Monday, October 28th**. Those going will receive: transportation, \$8.00 in slot play and buffet or \$9.00 toward lunch. **Please bring your driver's license or government issued ID on the trip.** We will need your name and Trop Advantage card number or address, phone number and date of birth to get the special. Please provide this information with your payment. **Sign-ups begin by phone at 7:30 a.m. on Thursday, September 19th.** Cost of the trip will be \$15.00 with **money and information due by 3 p.m. on Thursday, October 3rd.**



4th Annual
Healthy State of Mind

Will be held Tuesday, September 10th
8:30 a.m. to 1:30 p.m.
Shiloh United Methodist Church
Family Life Center

Featured speakers will be:

Joan Knies - Treat Me Right

Ken Schulz - Be a "Go Go"

Pat Evans -Aging- Master Work of
Wisdom

Chelsea Brewer - Exercise

Many vendors and door prizes

Call the Habig Center to register for the day. There is a \$10.00 admission fee due anytime before the 10th.

Prescription Drug Take Back Day
Saturday, October 26th 2013

10:00 a.m. - 12:00 p.m.

Ferdinand & Huntingburg

Fire Stations

10:00 a.m. - 2:00 p.m.

Jasper State Police Post

Dispose of your expired, unused and unwanted drugs **FREE OF CHARGE!**

There are reasons why there are expiration dates stamped on medication containers. Chemical compositions and potency can change and become altered with age. Chances of deadly drug interactions and over-medicating are lessened when you clean the old medications out of your home.



- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

- **MILL VOLUNTEERS NEEDED:** The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

HAPPY BIRTHDAY

September

6th	Betty Kempf	23rd	Herb Welp
6th	Mary Ann Vogler	24th	Marge Bohnert
9th	Leroy Voegerl	25th	Jo Ellen Carrico
11th	Pat Sermersheim		Sally Lindauer
	Nora Schaeffer	28th	Ellen Jochem
	Gloria Street	30th	Margie Ranger
13th	Shirley Hurst		
15th	Mary Bachman		
15th	Sandy Emerson		
17th	Harland Wittwer		
18th	Betty Gehlhausen		
19th	Sue Eisenhut		
20th	Barbara Hoffman		
22nd	Tom Fehribach		
	Vicki Welp		

Anniversaries

September

5th	Dan & Brenda Schitter
5th	Jim & Mick Gramelspacher
6th	Virgil & Clara Messmer
8th	Herb & Ida Mae Welp
9th	Leroy & Lorine Voegerl
24th	Orlan & Lilly Bauer



Recipe Exchange

Chocolate Toffee Pecan Bars



Crust: 2 cups all purpose flour
1 cup firmly packed brown sugar
1 stick cold butter, cubed

Mix these ingredients together until it becomes like sand. Press mixture in 9" x 13" baking pan.

Sprinkle 2 cups chopped pecans over the crust.

Combine: $\frac{2}{3}$ cup melted butter and $\frac{1}{2}$ cup brown sugar. Cook over medium heat stirring continuously until it comes to a boil. Boil 1 minute and remove from heat. Pour over the crust topped with pecans. Bake at 350° for 18 to 22 minutes, until golden and the toffee is bubbling. Remove from oven and immediately sprinkle 1 cup milk chocolate chips over the top. Cool and cut into squares.

Submitted by: Kris Hochmeister
Have a good recipe to share? Get it to one of the staff and we would be happy to publish it.

NOTICE

**The Older American Center
Will be closed Monday,
September 2nd in observance of
Labor Day**